



# LIL DRAGONS PROGRAM



## AGES 5-6 YEARS OLD

### Where Little Warriors Grow!

Build confidence, coordination, and discipline—through skilled play, movement, and practice.

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### What to Expect

- High-energy martial arts basics
  - Fun games/drills that build balance, memory and thinking skills
  - Encouraging, intentional and positive instruction
  - Safe, structured, kid-friendly atmosphere
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### Class Schedule

Day/Time: TUESDAY and THURSDAY 4-4:45 PM

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### Benefits for Your Lil Dragon

- Confidence
  - Self-control
  - Discipline
  - Gross and fine motor skill development
  - Social & emotional growth
  - Teamwork
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### What to Wear

Comfy workout clothes or a beginner uniform.

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### How to Join

Email: [kuksoolwonggreenville@gmail.com](mailto:kuksoolwonggreenville@gmail.com)

Phone: 864-525-1862

Spots are limited—save your child's spot today!